

Educator Workshops



A TEACHER'S TOOLKIT—A GRAB BAG OF FUN RHYTHM & MOVEMENT

ACTIVITIES

Participants will partake in a variety of fun and interactive rhythm and movement games and exercises and will share ideas on how to creatively integrate what they've learned into their curricula. Educators will leave the workshop with a teaching toolkit full of engaging ideas to immediately use in the classrooms! *Great for educators of young children (ages 2 through 6).*



DRUM CALL: ENHANCING TEAM PERFORMANCE THROUGH RHYTHM

The playing of hand drums and other percussion (beat keeping) instruments can be used quite effectively as a focal point for team building and development. The resulting rhythms a group creates are a direct result of how well they lead, listen, trust, cooperate and communicate—the very issues intact groups face on a regular basis. No musical experience is necessary to gain much from this hands-on, engaging and thought provoking experience. Beckon to the call of the drum!

FINDING THE RHYTHM WITHIN—EXPERIENCING THE INNATE SINGER, DANCER & DRUMMER



Creativity—the ability to create, to freely express—is a birthright. We're all born with the basic means of musical expression: our hands, feet and voices. Through the playing of percussion instruments and applying an open sense of wonder, workshop participants will experience the joy that is rhythm and uninhibited expression.

Participants can then apply what they've learned about themselves back in their regular lives—be it the job, the classroom or family.

ALL WORKSHOPS—

TIME	90 minutes
CLASS SIZE	Minimum 8 participants, preferred; maximum of 20
VENUE	Large enough to accommodate all participants sitting on chairs in a circle <u>and</u> moving about
PREPARATION	Comfortable clothes; hearing protection (optional)
COST	Email for pricing: helen@helentrencher.com . I will work within your budget, and I provide quantity discounts!